



# THE OPEN EUROPEAN ALL-STYLE TOURNAMENT OF THE SPORT OF HAPKIDO



**October 12, 2018**  
**Saint-Petersburg**



# TOURNAMENT ANOUNCE

October 12, 2018 Saint Petersburg will host the Open European All-Style Tournament of the Sport of Hapkido. Welcome to Saint Petersburg – the city, which has always been famous for its sport traditions, the major Russian center of Hapkido development.

The tournament, which will take place at the SIBUR ARENA Concert and Sport Complex, will bring together the masters from Austria, Azerbaijan, Belgium, Germany, India, Iran, Italy, Korea, Morocco, Mexico, Nepal, Russia, USA, Croatia. The competitions will include 5 disciplines: sparring, freestyle, self-defense technique, short weapon sparring, demo group performance. The tournament will be held under the aegis of the

Global Hapkido Association. The competitions allow the representatives of all the Hapkido styles, various federations, clubs and schools.

We are certain that the development of Hapkido as a sport conserving the traditions of Martial Art will lead without fail to the recognition and honoring of the Hapkido worldwide. Extensive international involvement, diverse program disciplines, experience and knowledge of the Hapkido masters of various styles and schools, all of this will enhance a favorable manifestation of the spirit of the true Hapkido and show the real beauty of our martial art!



*Participants of Demid Momot Cup 2018*



I would like to welcome everyone to the 2018 Open European All-Style Sport Hapkido Tournament! It is my distinct honor to welcome our competitors, coaches, spectators, and honored VIPs to this special event in Europe.

The Global HapKiDo Association thanks you, Grand Master Demid Momot, for your dedication and leadership to the 2018 Open European All-Style Sport Hapkido Tournament at Saint Petersburg, Russia!

This exciting competition has drawn some of the most talented competitors from all over Russia, Europe, and several other countries. Today, we will witness awesome exhibitions of martial arts skill as these elite athletes compete to become world champions!

It was not an easy path that these martial artists have chosen. It took them countless hours of rigorous training, combined with steadfast dedication, untold sacrifice, and strong determination to achieve the skills that they will show you here today. They have trained their bodies to become athletes, forged their spirits to become warriors, and developed their minds to become leaders.

And, while each of these martial artists are a fierce and strong competitor, they are also part of something much bigger than themselves, bigger

than their teams. You see, the Hapkido community is not made of competitors. Nor is it made of masters or grandmasters. It is not made of competition teams, or even schools. The Hapkido community is made of family members, each motivated by the love of the art and dedicated to the advancement and promotion of Hapkido throughout the world.

You see, we are all proud of our teachers, of our organizations, of our lineage. We take great pride in our history, and rightfully so! But now, we live in extraordinary times. It is not our calling to dwell in the past, but rather to build our future. It is not the time to shut our doors, but rather to open them to new ideas and methods. We can no longer rest on our reputation, we must build one! We must think bigger than the patches on our uniforms and work together to promote the martial art of Hapkido to the whole world. Please understand this one important concept: when we selflessly promote Hapkido as a martial art, we all win!

And, when we work together with other martial arts organizations, we all grow.

“Unity”, in the Hapkido industry will not be everyone coming under one organization. Unity will be all organizations working together as one family--working toward the common good.

And so, as we approach the start of competition, I would like to extend my sincere best wishes to each and every competitor and his or her coaches. May your techniques be fast, may your skills be true, and may your mind be sharp. I wish you excellent competition, good sportsmanship, and great success! May God truly bless each and every one of you.

And now, let us begin the 2018 Open European All-Style Sport Hapkido Tournament at Saint Petersburg, Russia!

**Hee Kwan Lee**  
*Founder & President*  
*Global Hapkido Association*

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Dear friends,

I am pleased to welcome the participants and guests of the International Festival of Martial Arts "Baltic Sea Cup" in Saint-Petersburg.

For more than twenty years now, the Baltic Sea Cup has been an honorable event in the sport life of our city. Every year, the festival becomes more and more international. Athletes come from all the continents to take part in the competitions.

It is owing to the festival that St. Petersburg is now the capital of combat sport, the place, which brings together the representatives of various martial arts. The combat sport practicing makes a significant contribution to the patriotic upbringing of the younger generation. Martial arts foster the spirit and courage, as well as will power and self-control based on mutual respect and sport traditions.

I wish all the contestants outstanding victories and decent rivalries, and I wish the spectators unforgettable emotions and new discoveries!

**Vyacheslav Makarov**

*Chairman of the St. Petersburg Legislative Assembly*



Dear friends,

I am pleased to welcome the participants of the Open European All-Style Sport Hapkido Tournament.

Last year, the first International Combat Hapkido Tournament Russia Open was held as part of the International Festival of Martial Arts "Baltic Sea Cup". Today, I praise the efforts of the organizers of the tournament, who have succeeded in expanding notably the program of the competitions.

The number of international delegations has significantly grown. The contestants will compete in five nominations. The competitions allow the representatives of all the Hapkido versions, of various federations, clubs and schools. All of it is the evidence of the essential interest in Hapkido in Russia and the growing impact of our country on a global level.

I wish all the participants of the tournament a fair contest, I wish the spectators unforgettable emotions and I wish the organizers a continued success!

**Vasily Shestakov**

*International Sambo Federation President*

*Honorable President of the Russian Jiu-jitsu Federation*

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Dear friends,

I am pleased to welcome the participants and guests of the Open European All-Style Sport HapKiDo Tournament in Saint-Petersburg, the city that has always been famous for its sport traditions, one of the major centers of development of Russian Martial Arts.

I have studied combat sambo, judo, karate, taekwondo and hapkido for many years and have achieved great results. I can say with confidence that Hapkido is the capstone of combat sport, the unique martial art, which has accumulated all the best from various combat systems.

The Open European All-Style Sport HapKiDo Tournament includes competitions in 5 disciplines. I am sure that these 5 directions of Hapkido development will let us discover to the full extent the spirit of the true Hapkido, will show the spectators and experts the real beauty of this martial art!

Our goal is to promote the Hapkido not only as a traditional martial art, in which all of you have succeeded a lot, but also as a sport discipline. We aim to motivate the Hapkido practitioners, show our worth and win medals in fair contest!

**Demid Momot**

*GHA Russia President,*

*President of the Russian Union of Hapkido Federations*

## The Russian Union of Hapkido Federations

The main provider of the Open European All-Style Tournament of the Sport of Hapkido is the Russian Union of Hapkido Federations. The Union is headed by Master Demid Momot 7th Dan, President of the Global Hapkido Association Russia.

The Russian Union of Hapkido Federations is the full member of the Global Hapkido Association (GHA), of the European Hapkido Union (EHU). It is also in cooperation with all the organizations developing the Hapkido in the world, such as GHA, WHF, KHf, IHf, SIN MOO HAPKIDO. The Union holds joint seminars and competitions, exchanges experience with representatives of all styles and schools.

The Russian Union of Hapkido Federations is taking efforts to make the Hapkido in Russia acknowledged as a sport having the government support. The Russian Union of Hapkido Federations takes part in the international events all over the world, demonstrating the high level of development of the Hapkido in Russia, contributing to the promotion and acknowledgement of the Hapkido worldwide.

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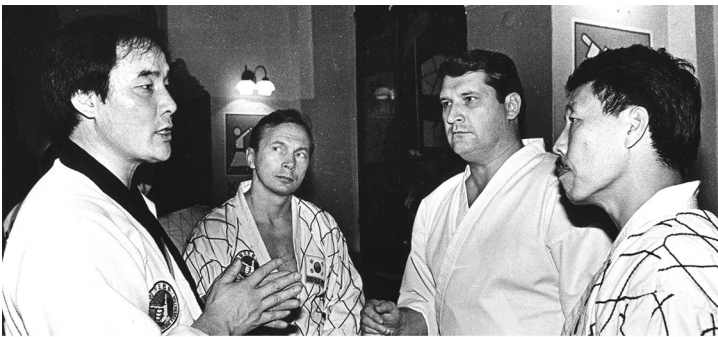
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# HAPKIDO STUDY IN RUSSIA

In 1990, the students of the Demid Momot Martial Arts School were the first to study the Hapkido in Russia. The combination of punching and throwing techniques aroused great interest among Russian athletes. Demid Momot and his friend and student Vyacheslav Tsoi invited the Korean masters to Russia, went themselves to Seoul to attend seminars and pass the exams for master's degrees, gained knowledge and experience from the Hapkido fathers. All of this made a significant impact on the development of this outstanding martial art.

In 1996, the first public interest organization was created to study and promote the Hapkido in Russia. It was named the St Petersburg Hapkido

Federation. This new martial art was progressing in Russia owing to the fruitful cooperation between Russian Hapkido masters and such outstanding figures as Grand Master Kim Chil-Young, founder of the Korean Traditional Hapkido Federation; Grand Master Jae Nam Myung, President of the International Hapkido Federation; Grand Master Kwang Sik Myung, President of the World Hapkido Federation and Se Lim Oh, President of the Korean Hapkido Federation. These were the legends of the Hapkido world, who laid a foundation of the Russian Hapkido school back in 1990s. They held seminars and qualifying examinations in Russia, demonstrated infinite possibilities of the Hapkido for the development of fighting skills and personal advancement.



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# THE MASTERS SEMINARS IN SAINT-PETERSBURG

The tradition of international cooperation in studying of the Hapkido is still alive. In 2014-2018, under the aegis of the Russian Union of Hapkido Federations, a series of seminars were held involving such acknowledged Hapkido masters as Grand Master Hee Kwan Lee, President of the Global Hapkido Association, as well as Grand Master Hwang In-shik, a famous popularizer of Hapkido, who acted in films together with Bruce Lee, Jhoon Rhee, Chuck Norris and Jackie Chan. European Hapkido masters such as Grand Master Gerhard Agrinz from Austria, Grand Master Mladen Kuzhnik from Croatia, Master Lorenzo Milano from Italy and Master Vangelis Thanos from Greece have also held their seminars in Russia.



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# THE SAINT-PETERSBURG HAPKIDO FEDERATION



The Saint Petersburg Hapkido Federation presided by Pavel Ozhgin, makes a significant contribution to the promotion of Hapkido. It was Saint Petersburg, which became the center of the Russian Hapkido, the venue for major seminars and competitions, the leader by the number of certified Hapkido masters in Russia. The Hapkido demo team "Nevskiy Tigers" from Saint Petersburg regularly participates in exhibition performances at major international tournaments of various martial arts, at opening

ceremonies of sport exhibitions and conferences. "Nevskiy Tigers" have been demonstrating their skills in various cities and regions of Russia. The team also takes part in international competitions, shares its experience, demonstrates unlimited possibilities of the Hapkido at a high level. Excellent, spectacular performances by the demo team are interesting both for spectators and experts in the field of martial arts. Their demonstration encourages new students to join Hapkido clubs and schools.



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# HAPKIDO COMPETITIONS

For a long time, the Hapkido in Russia had been considered as the highest degree of skill inherent in adepts of martial arts having obtained the 3rd – 4th Dan in other single combats – karate, taekwondo, aikido. Those masters discovered the Hapkido for themselves as the way of polishing up their combat skills, the way of further personal development in the world of martial arts. Holding competitions in Hapkido seemed needless. Senior athletes had studied various single combats for many years, exchanged their experience and interesting skills. They did not need to prove their competence to anyone on tatami.



The years passed, the number of practitioners in Hapkido clubs and schools grew, more and more adolescents took interest in Hapkido. Thus, the problem of motivating the practitioners came up - when you are young, it is very important to compare yourself to others, prove that you are the best. The solution was found owing to a happy occasion. In 2016, Hapkido masters having black belts came to St Petersburg from all over Russia to hold the Hapkido Master Tournament. The tournament program did not comprise any sparring, just the traditional demonstration of techniques, which the referees judged by speed, difficulty and efficiency.

The competitions had a great public response among the Hapkido practitioners in Russia. The format of the tournament allowed holding the similar competitions both among senior holders of color belts and among juniors.

Half a year later, Russia hosted youth competitions in Hapkido «Saint-Petersburg Open» and another half a year later, in October 2017, there were held the open Hapkido competitions «Russia Open». Apart from Russian masters, the tournament brought together the representatives of Austria, Armenia, Belgium, Hungary, Germany, Italy and Croatia. This time the contestants competed in two nominations – hosinsool and freestyle. Grand Master Hee Kwan Lee, President of the Global Hapkido Association, has made a significant contribution to the development and promotion of Hapkido in Russia as a sport. He organized a special seminar in St Petersburg, where he taught referees to judge the Hapkido competitions.

The expected result of this considerable work is the Open European All-Style Sport Hapkido Tournament to be held in St Petersburg in 2018. Over one hundred Hapkido masters from 14 countries will compete in five disciplines of the competitions.



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# THE MASTERS TOURNAMENT IN SAINT-PETERSBURG, 2016



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# THE «RUSSIA OPEN» TOURNAMENT, 2017



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# HAPKI-KYORUGEE SPARRING

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## Age categories and weight categories:

- Boys (without kicking on the head), 8 – 10 years old: up to 27, up to 30, up to 33, up to 37, up to 41, up to 45, over 45 kg;
- Cadets, 11-13 years old: up to 33, up to 37, up to 41, up to 45, up to 50 kg, up to 57, over 57 kg;
- Juniors, 14-17 years old: up to 42, up to 46, up to 50 kg, up to 55, up to 60, up to 66, over 66 kg;
- Men, 18-34 years old and over: up to 59, up to 65, up to 72, up to 78, up to 84, over 84 kg;
- Men, 35 years old and over: up to 65, up to 72, up to 78, up to 84, up to 90, over 90 kg.

Fight timing: 1 round of 2 minutes.

## The competition rules for Hapki-Kyorugée sparring

Equipment of the athlete and the ground:

- Hapkido uniform, which includes a jacket and pants;
- Belt;
- Body shield (double-faced: blue and red);
- Helmet and mask (or mouth guard),
- Lower leg protector and foot protector,
- Jock-strap.

## Credit actions:

One valid point (+1):

- Body shield kick by any part of the foot;
- By the front side of the fist (ap joomok);
- Overthrowing and throw of the opponent when one or both feet of the opponent stay on the dojang;\*
- If the athlete performs a strike while twirling, he gets an additional valid point for the complex technique.

Two valid points (+2):

- Kicking or touching the helmet by any part of the foot (full version of the rules);
- Throwing the opponent, when one foot of the opponent takes off the floor.

\* - After taking hold of the opponent in the standing position, the athlete has 3 (three) seconds to make a throw. Technical throw is evaluated only until the opponent touches the floor (overthrowing). Struggling in the par terre is forbidden. After three seconds (three scorekeeping of the referee) and no wrestling move, the athletes are separated and take their places on the ground. Right after the throwing made in fixed time, athletes also take their original positions on the ground.

Forbidden actions ("1" penalty point is scored to the opposite side):

- Punch by any part of the hand above the body shield;
- Kicks by elbows and knees;
- Accented kick below the belt (to the legs);
- Disputing with the referee;
- Body shield hold;
- Low blow (kick in the buttocks);
- Offensive language of the witness addressed to the opponent or referees;
- Stepping over the constraint line by both feet;
- Falling, touching the ground by a hand or a knee without making a throw;
- Making blows and holding the opponent at the same time.

After 6 penalty points the athlete is disqualified and the victory is awarded to the opponent. Applied throwing techniques, which may injure the opponent, are strictly forbidden (back arch throw, "fire extinguisher", etc.). If an athlete tries to accomplish this kind of moves, he is disqualified immediately.

## Announcement of the winner

- Victory in points;
- Victory in penalty points as a result of the opponent disqualification;
- Knock-out victory (10 seconds counted after the allowed technical move (blow) and the opponent is not able to continue the fight).

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# SELF-DEFENSE TECHNIQUE COMPETITIONS (HOSINSOOL)

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Participants: the team consists of two athletes.

Technical categories and regulations:

- Color belts: 12 years old and over.
- Black belts (1st Gup is allowed): 15 years old and over.

Equipment:

- Hapkido uniform, which includes a jacket and pants, belt;
- Sports weapons: knife simulation (material: plastic and wood), short stick (material: wood, length 40 cm, diameter 3 cm), cane (wooden stick 70-80 cm long with a hook at the end), belt (cloth belt 180 to 300 cm long, 4-5 cm wide, 0,5 cm thick).

## Description of the competition:

The demonstration of self-defense techniques comprises two persons who perform six (6) individual self-defense techniques at their choice. The objective of the demonstration is to evaluate the ability of the contestant to choose the relevant self-defense technique based on the type of the attack and to accomplish this technique efficiently in order to bring the fight to the end. The athlete who defends himself should not make a show of the fight using theatrical and blustery techniques. Instead of this, he should try to demonstrate the best way to finish the attack in the real-life situation using efficient practical techniques that are relevant in the real situation of self-defense. In the light of these requirements, the contestants should not take a long time to prepare their techniques or use the techniques including acrobatics or other impractical moves. The contestants should attack one another and it should be done in a realistic way.

In order to prevent unnecessarily theatrical performances, all the demonstrations should not exceed the time limit of 2 minutes. After the end of the time limit, the contestants would be stopped

and would get a deduction of 1 point for every uncompleted move.

The first part of the demonstration includes two partners: one is attacking during three consecutive rounds and the other is defending himself against every attack. Each round should finish with the simulated immobilization or the lock by the attacker. The second part of the demonstration is similar to the first one but the attacker and the one who defends himself change roles.

Every one of the six self-defense techniques demonstrated during the performance should be unique, one-of-a-kind.

After the performance of both teams, the judges vote in favor of one of the teams by putting their flags up. Thus, they determine the score of the round and announce the winner.

## Announcement of the winner

- Victory according to the referees' vote;
- Win by technical superiority: the opponent team is not able to continue the techniques demonstration due to the injury of one of the team members.

## Technique criteria:

- Compliance of the technical elements with the Hapkido principles;
- Correct and efficient performance of all the elements of the technique;
- Balance;
- Energetic engagement – "Kihab";
- Correctness and difficulty of safeguard techniques in the fall;
- Speed and unity while performing a technique;
- Vividness of performance

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# FREE STYLE TEAM PERFORMANCE

The number of participants: a team of 2 persons

Categories: men couples, mixed couple (a man and a woman)

Age category: 14 years old and over

Timing: up to 3 minutes

The performance may include: any striking or throwing Hapkido techniques, breaking of objects, techniques using weapons, acrobatics.

## **“Freestyle” voluntary demonstrational technical program**

The Hapkido freestyle is a group performance (imitation of a fight) accompanied by music on the basis of the Hapkido techniques, acrobatics and choreography.

1. Team composition: 2 persons.
2. Original stance for the performance is chosen by the participants.
3. Music and choreography are chosen by the participants.
4. The movements demonstrated during the performance should refer to the Hapkido techniques.

## **Duration time of the performance**

The performance time of each time should be from 1 to 3 minutes.

The performance is accompanied by music. The sound record is provided to the Organizing Committee along with the entry form. The sound record should be provided in mp3 format. The name of the track should be substituted by the name of the performing team or the organization, which it represents. The number of the Hapkido techniques is not limited.

The recommended technical elements:

1. Kicks (in the air, in pairs, on the objects: target shields, boards, etc.);
2. Punches (in the air, in pairs, on the objects: target shields, boards, etc.);
3. All possible types of throws, holds, grabs and pins from the Hapkido arsenal;
4. Use of the weapons and defense from them from the Hapkido arsenal;
5. Demonstration of techniques of use of working tools (a bag, an umbrella, etc.);
6. Technical complexes, combinations of moves, etc. from the Hapkido arsenal;
7. Acrobatic elements, falls, self-insurance techniques;
8. Breathing exercises.

## **The general impression is influenced by:**

1. Complexity of the kicks;
2. Technic of execution of the Hapkido movements;
3. Stage of completion of the performance;
4. Choreography complexity, compliance with the background music;
5. Originality of the performance;
6. Speed, dynamics;
7. Artistic impression;
8. “Kihab”, power, energetic engagement while performing the techniques;
9. Self-insurance techniques (altitude, speed), acrobatics.



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# DEMO GROUP PERFORMANCES

The number of participants: a team of 5 athletes;  
Age category: 15 years old and over;  
Timing of the performance: up to 5 minutes;

The performance may include: any striking or throwing Hapkido techniques, breaking of objects, techniques using weapons, acrobatics.

“Demo” voluntary demonstrational technical program

Competition of the Hapkido demo teams is a group performance accompanied by music on the basis of the Hapkido techniques, acrobatics and choreography.

1. Team composition: 5 persons regardless of gender.
2. Original stance for the performance is chosen by the participants.
3. Music and choreography are chosen by the participants.
4. The movements demonstrated during the performance should refer to the Hapkido techniques.



## Duration time of the performance

The performance time of each time should be from 1 to 3 minutes.

The performance is accompanied by music. The sound record is provided to the Organizing Committee along with the entry form. The sound record should be provided in mp3 format. The name of the track should be substituted by the name of the performing team or the organization, which it represents. The number of the Hapkido techniques is not limited.



## The recommended technical elements:

1. Kicks (in the air, in pairs, on the objects: target shields, boards, etc.);
2. Punches (in the air, in pairs, on the objects: target shields, boards, etc.);
3. All possible types of throws, holds, grabs and pins from the Hapkido arsenal;
4. Use of the weapons and defense from them from the Hapkido arsenal;
5. Demonstration of techniques of use of working tools (a bag, an umbrella, etc.);
6. Technical complexes, combinations of moves, etc. from the Hapkido arsenal;
7. Acrobatic elements, falls, self-insurance techniques;
8. Breathing exercises.

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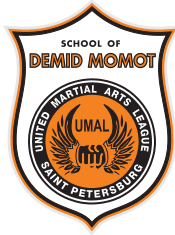
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